

Counseling Quick Points

We've got news for you!"

WELCOME FROM OUR DIRECTOR

WELCOME to Cape Fear Community College! The Counseling Staff is excited to have the opportunity to assist you in achieving your educational goals. If you have questions and/or concerns do not hesitate to stop by our offices, located on the downtown campus in the Galehouse Bldg. A-220 or at the North Campus in the McKeithan Center.

Always remember that YOU are in charge of your academic plan and that the College's faculty and staff are here to help YOU.

BEGIN TODAY---TAKE CHARGE OF YOUR SUCCESS!!!!!!

Vivian Boykin

Director of Counseling

Top Ten Reasons to go to the CFCC Counseling Center

10. We know who your advisor is and where to find him/her.
9. You might get your degree sooner if you actually have a plan for meeting your degree requirements.
8. Unless you change your major officially, you may find your funding dries up whether it's financial aid or mom and dad.
7. Health Sciences programs really do have selective admissions.
6. Talking through personal issues can help.
5. There actually are ways to manage stress!
4. Yes, you do need to officially drop your classes before leaving school.
3. We know what prerequisite sequences are.
2. You don't even need an appointment.

And the number one reason to go to the CFCC Counseling Center:

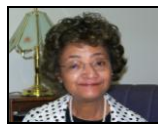
1. **We really do care about your success!**

Answers:

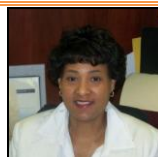
1. D, 2. E, 3. G, 4. B, 5. A, 6. C, 7. F

MEET OUR COUNSELORS

Can you match which counselor belongs to which item listed at the bottom of this column?



Vivian Boykin, Director
Wilmington Campus
910-362-7010 mboykin@cfcc.edu
1 _____



Jackie Foster
North Campus
910-362-7019 jfoster@cfcc.edu
2 _____



Jennifer Frazee
North Campus
910-362-7527 jfrazee@cfcc.edu
3 _____



Fred Gainer
Wilmington Campus
910-362-7161 fgainer@cfcc.edu
4 _____



Vilma Legendre
North Campus
910-362-7287 vlegendre@cfcc.edu
5 _____



Joy Shortell
Wilmington Campus
910-362 jshortell@cfcc.edu
6 _____



Brigitte Simone
Wilmington Campus
910-362-7013 bsimone@cfcc.edu
7 _____

- a. Loves quilting and the beach
- b. Has maintained the same weight for 40 years!
- c. Loves to Boogie Board!
- d. Enjoys gardening and animals
- e. Loves antiques and Yorkies
- f. Is almost a Canadian Transplant
- g. Started college on an Engineering Scholarship!



COUNSELING HOURS

WILMINGTON CAMPUS HOURS 8 AM - 6 PM MONDAY - THURSDAY
GALEHOUSE BLDG A-220 8AM - 5 PM FRIDAYS

NORTH CAMPUS HOURS 8 AM - 6 PM TUES, WED, THURS
MCKEITHAN CENTER NA-100 8 AM - 5 PM MON & FRIDAY

Look for our next issue in late December 2008.

See us <http://cfcc.edu/studenterv/counseling.html>