



Wilmington Family YMCA

www.wilmingtonfamilyymca.org

Present this coupon to the Wilmington Family YMCA and your CFCC student/staff ID to receive this Membership Special.

No contracts, No joining fee.

Membership Includes:

- Full-size gymnasium
 - Free weights & Cybex machines
 - Aerobics, spinning, Yoga & Pilates
 - Zumba
 - 2 heated indoor pools & whirlpool spa
 - 4 racquetball/handball courts
 - 1/4 mile outdoor track
 - Free Nursery
 - Discount on YMCA programs
 - Basic Locker Room
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- | | |
|----------------------|---------|
| Young Adult: (12-17) | \$26.00 |
| Adult: 18 | \$34.00 |
| Adult w/dependents: | \$53.50 |
| Family: | \$65.50 |

Membership Choices for you!

Bring this flyer with you to waive your Joining fee. present your CFCC ID 2 payment options:

Pay in full: 4 month Membership
Or

we can draft your account on the 15th of each month.

Free with your Membership! Getting Started.....

4 week Wellness Program

We will provide you with a Wellness coach twice a week for 1 hour sessions during your first month at the Y. Our Wellness coaches will go over your goals and help you set up your exercise plan.

We can also do **free** blood pressure checks and body fat analysis.



Wilmington Family YMCA
2710 Market Street
251-9622

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