
It's time to start making! Knowing how to sew is a useful skill with lifelong practical applications. For children, sewing:

- Increases creativity and self-esteem
- Teaches discipline, calmness and patience
- Builds skills in problem solving and perseverance
- Fosters a sense of accomplishment
- Improves hand-eye coordination and fine motor skills

“Sew Much Fun” includes four sew-tastic days where your child will learn basic sewing machine operation and stitching.

Along with their peers, children will create either a pair of shorts that will take them through summer and fall, or a drawstring back-sack, perfect to show off when they return to school. Campers will leave every day more confident about what their hands can do and more curious about where their imaginations will take them.

Don't pass up this opportunity for your child to learn the skill and art of machine sewing! Boys and girls of all sewing abilities are welcome. A sewing machine will be provided for each child.

Dates Available: July 6-9, 2020  8-noon  (ages 8-10)
                      July 27-30, 2020  1-5 pm  (ages 11-13)
Days:                Monday - Thursday
Location:            Wilmington Campus
Registration:        $150*

*Additional supplies required; see supply list, other side.
**Camp Curriculum**

Day 1: Sewing fundamentals and safety: review the sewing machine, needles and thread, fabrics, stitches, and resources  
Day 2: Project creation  
Day 3: Project creation  
Day 4: Finish project and share with peers

**Supply List for Sewing Project**

Each child must choose one of the following projects and bring the required supplies on the first day of camp. We will provide sewing machines and basic sewing kits (fabric scissors, seam ripper, pins, measuring tape) for each child.

The following supplies can be purchased at any local fabric store, such as JoAnn Fabrics or Hobby Lobby. If you have any questions about these supplies or the projects, please contact the instructor at cmsaba65@mail.cfcc.edu or 910-362-7116.

**Project 1 - Shorts:**

- 1 and 1/2 yards cotton fabric  
- Matching polyester thread  
- 1 package of 1-inch wide elastic  
- 1 pair of your favorite shorts to use for tracing

**Project 2 - Drawstring Bag:**

- 1 and 1/2 yards heavyweight cotton fabric  
- Matching polyester thread  
- 3 yards of 3/4 inch-width ribbon or trim

**PLEASE NOTE:** Previous sewing experience is not required, but children should understand that they must take care around sewing machines and hot pressing irons. Safety is our number one concern. Inappropriate horseplay and refusal to follow safety instructions will not be allowed. You should assess your child’s maturity level and ability to follow directions before you register.

**Snack Break**

Please pack daily snacks and drink(s) for your child. Campers will not have access to a refrigerator, so perishables must be packed on ice. Please notify us at the time of registration if there are known food allergies, intolerances or health issues of which camp staff should be aware. **If you have also registered your child for a complementary morning or afternoon camp session,** you will need to include additional lunch, snack and drink(s).

**About Your Instructor**

A self-taught sewer of several years, Cheryl Saba loves the creative process of turning fabric and simple objects into useful and beautiful clothing, accessories and decorative home items. Cheryl has been a professional college-level English teacher for almost twenty years, but also loves introducing people to her hobby of sewing, often hosting sewing and craft parties. Her philosophy is that we can all create beauty through hand and heart.