



T-STEP Program



TEACCH School Transition to Employment and Post-Secondary Education

**NOW
RECRUITING
SPRING 2021
ONLINE**

The T-STEP is a FREE intervention developed to support transition to employment and post secondary education for 16-21 year olds with Autism Spectrum Disorder who will or have received the Future-Ready Core high school diploma.

T-STEP Program covers several transition skills grouped into the intervention:

GOAL SETTING SKILLS

Choosing & Working Towards Individual Goals

EXECUTIVE FUNCTION SKILLS

Approaching Tasks in Organized Manner and Time Management & Flexibility

EMOTION REGULATION SKILLS

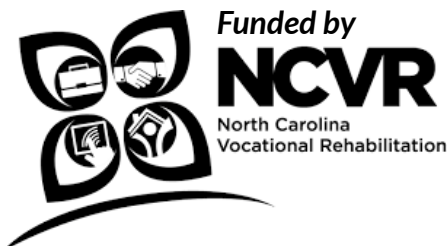
Coping with Stress and Accepting Corrective Feedback

SOCIAL SKILLS FOR COLLEGE & WORK

Getting Help When Needed and Social Skills



T-STEP Online Program available at Cape Fear Community College for residents of the following counties: Bladen, Brunswick, Columbus, Duplin, New Hanover, Onslow, Pender, Robeson, Sampson



For more information, contact the TSTEP team at 919-843-9505 or TSTEPinfo@med.unc.edu www.teacch.com