Brainstorm

My strengths are:
1. 
2. 
3. 

My challenges are:
1. 
2. 
3. 

Goal

I will: ___________________________________________

To achieve this goal, I will:

Some people (teacher, parent, friend) who can help me attain this goal are:
1. 
2. 
3. 

Student Signature ____________________________

Coach Signature ____________________________