

NG Tube Insertion:

(Kosier & Erb pages 1205 through 1209; Skill 45-1)

Supplies:

- | | | | |
|----|-------------------------|----|--------------------------|
| 1. | Tube | 5. | Tissues |
| 2. | Water Soluble Lubricant | 6. | H ₂ O / Straw |
| 3. | Tape | 7. | 60cc Syringe |
| 4. | Gloves | 8. | Safety Pin |
| | | 9. | Stethoscope |

- ☞ Check MD Order
- ☞ Gather Supplies
- ☞ Identify the Patient
- ☞ Explain Procedure to Patient
- ☞ Privacy
- ☞ High Fowlers
- ☞ Assess Nares
 - ☞ Observe
 - ☞ Check Air Flow
- ☞ Assess ABD
 - ☞ Bowel Sounds
 - ☞ Distention, Pain, Rigidity
- ☞ Measure
 - ☞ Tip of Nose to Earlobe to Tip of Sternum
 - ☞ Mark with Tape
- ☞ Towel over Chest / Give a Tissue to the Patient
- ☞ Gloves on
- ☞ Lubricate Tube
- ☞ Hyperextend Neck
- ☞ Insert Tube until it Reaches the Oropharynx
- ☞ Resistance = Gentle Pressure, Rotate Tube. If resistance continues, Remove – Let Patient Rest – Try other nostril
- ☞ Tilt head forward.
- ☞ Ask Patient To Swallow – Advance The Tube As The Patient Swallows Until It Reaches The Mark (Give H₂O To Swallow If Not NPO And Is Able To Swallow)
 - ☞ Stop if the Patient Gags, Chokes or Coughs
 - ☞ If the Patient Vomits, Clear the Airway before Continuing
- ☞ Secure (Temporary)
- ☞ Check Placement
 - ☞ Air Bolus
 - ☞ Acidity of Gastric Content
- ☞ Secure Tube to Nose and Gown
- ☞ Attach to Suction / Feeding Clamp
- ☞ Document:
 - ☞ Type of Tube, Placement Check, Client Response, Actions

NG Tube Removal:

Supplies:

1. Gloves
2. Syringe
3. Towel
4. Tissues

- ☞ Explain Procedure To The Client
- ☞ Client Is To Be In A Sitting Position
- ☞ Place A Towel Or Pad Over The Client's Chest
- ☞ Disconnect (If On Suction / Feeding)
- ☞ Unpin
- ☞ Remove Tape
- ☞ Put On Gloves
- ☞ Instruct The Client To Take A Deep Breath And Hold
- ☞ Pinch The Tube
- ☞ Gently, Quickly Remove The Tube
- ☞ Place The Tube In The Trash
- ☞ Perform Nose And Mouth Care
- ☞ Document
 - ☞ Removal And Assessment

☛ **NOTE:** These are only a summary of the skills in your book. You must read all the procedures for specifics, rationales, etc.