

## LAB PROCEDURES

### \*\*JUST READ

#### LAB NAME: Vital Signs Lab

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Assessing Body Temp	27-1	493-496
Assessing Peripheral Pulse	27-2	499-501
Assessing Apical Pulse	27-3	501-503
**Assessing Apical-Radial Pulse	27-4	503-504
Assessing Respiration	27-5	508-509
Assessing Blood Pressure	27-6	515-517
**Measuring Oxygen Saturation	27-7	518-520

#### Vital Sign Videos:

Temperature (2002)  
Pulse (2002)  
Respiration (2002)  
Blood Pressure (2002)

#### LAB NAME: Safety Lab

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**SEIZURE PRECAUTIONS	30-2	683
APPLYING RESTRAINTS	30-3	690-693

#### Safety Video:

Safety & restraints (2002)

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<u>LAB NAME: Asepsis</u>	<u>PROCEDURE#</u>	<u>PAGE(S)</u>
Hand Washing	29-1	644-645
Donning & Removing PPE	29-2	651-653
Establishing & Maintaining Sterile Field	29-3	657-660
Donning & Removing Sterile Gloves (Open Method)	29-4	661-662
**Donning Sterile Gown & Glove (Closed Method)	29-5	662-664

### Asepsis Videos:

#3 Bed Bath (1993)

#10 Medical Asepsis: hygiene, prevention, HW, handling waste, isolation (1988)

#47A Standards for Infection Control: Blood borne pathogens (Hepatitis B, AIDS, Tb) (2000)

#47B Principles of Infection Control: reporting, personal hygiene, HW, terms, guidelines, Universal Precautions (AIDS, Hepatitis B), PPE, isolation (1988)

<u>LAB NAME: **HYGIENE</u>	<u>PROCEDURE #</u>	<u>PAGE(S)</u>
Bathing an Adult or Pediatric Client	31-1	706
Perineal-Genital Care	31-2	713
Foot Care	31-3	719
Brushing & Flossing Teeth	31-4	727
Special Oral Care	31-5	730
Hair Care	31-6	735
Shampooing Hair in Bed	31-7	737
Removing, Cleaning, Inserting Hearing Aid	31-8	743
Changing Unoccupied Bed	31-9	748
Changing Occupied Bed	31-10	751

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<u>LAB NAME: Mobility</u>	<u>PROCEDURE#</u>	<u>PAGE(S)</u>
Place Pt in Different Positions	T42-2	1061-1064
Passive Rom Exercises		1097
Move Up In Bed	42-1	1084-1086
Turn To Lateral or Prone	42-2	1086-1087
Logrolling	42-3	1087-1088
Sit To Edge of Bed	42-4	1089-1090
Transfer Client from Bed to Chair	42-5	1091-1093
Tx Bed To Stretcher	42-6	1094-1095
Assist Ambulation	42-7	1099-1101

### Videos:

#5 Bed making (1988)

#7 Lifting & moving (1985) moving up, side lying, 3 person transfer with draw sheet, dangle, bed to chair, ambulate, body mechanics

#20 Body mechanics (1985): MSK, center of gravity, back injury, muscles, carrying heavy objects, squatting, push, pull, pivot

#28 Prevent complications (1985): inactivity affects, positioning

#31 ROM: theory & practice (1993): contracture, ROM, mobility, joints

#32 Body Mechanics: move safely (1993): spine, muscles, posture, sitting, lifting, 2 person transfer

#33 Transfer & ambulation (1997): bed to wheelchair or stretcher, wheelchair to toilet, 1-2 person mechanical lift, ambulation, falling

#34 Moving & turning (1997): lift sheet, up in bed, turning