

## How to have a successful lab return on medications

1. **Always** lock your med cart when you step away from it.
2. **Never** leave any medications or patient information visible on the top of the med cart.
3. Know the 7 rights of medication administration.
4. Know the correct procedure for administration of any medication safely!
5. **Describe** a Z-tract IM injection
6. Be able to **describe** how to administer a medication in any of the following:
  - a. Ears
  - b. Eyes
  - c. Rectum
7. Know how to give a subcutaneous injection: insulin and heparin.
8. Know how to read and document on the Diabetic Treatment Record.
9. Know how to read and document on the Medication Administration Record.
10. Know how to read and document on the Pain flow sheet
11. Know how to administer IM injections into:
  - a. Ventrogluteal
  - b. Dorsogluteal
  - c. Deltoid
  - d. Vastus Lateralis

### Items needed from your Lab Kit

- alcohol swabs
- 1 3cc syringe 22g x 1"
- 1 TB Syringe 27g x 0.5"
- 1 3cc syringe 23g x 1"
- 1 injectable solution: 0.9% NaCl – 30ml
- 1 insulin syringe 0.5cc U100
- 1 insulin syringe 1cc U100
- 1 Practi-insulin:
  - Reg & NPH
- 1 practi-powder vial
- 1 practi-amp glass ampule
- Non-sterile gloves
- 1 syringe only – 10cc

